

YOUR  
NEW  
HOPE  
STARTS  
TODAY

A New Hope Recovery.com

OFFICE | 407-501-8490



## A NEW HOPE RECOVERY -SERVICES-

### WE ARE ADVOCATES

At A New Hope Recovery, we are advocates for individuals and families struggling with addiction and/or other problematic behavioral issues. We provide Interventions, Counseling, Evaluations, and personalized Case-Management services, all supported by our team of licensed and accredited professionals with decades of experience in the recovery field. Our services are confidential, discreet, and private.

### ACCREDITATIONS & LICENSES

We are committed to giving our clients the best care throughout the entire recovery process, which is why every team member is accredited and licensed in their field of expertise. It's important to us that you know you are receiving qualified, professional and ethical services and support.



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## A NEW HOPE RECOVERY -SERVICES-

INTERVENTIONS  
COUNSELING  
CASE MANAGEMENT  
EVALUATION

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# INTERVENTIONS

## INTERVENTIONS FOR SUBSTANCE USE DISORDERS PROCESS/BEHAVIORAL ADDICTIONS AND MENTAL HEALTH CONDITIONS

An Intervention is a structured, non-threatening, clinical process designed to bring about motivational change in an impaired individual's awareness and behaviors.

A New Hope Recovery Services provides Interventions for Substance Use Disorders (drugs and alcohol addiction), Process/Behavioral Addictions (sex addiction, overeating, gambling, etc.) and Mental Health conditions (Bipolar, OCD, etc.).

Our integrative Intervention model utilizes evidence-based motivational techniques combined with a family-systems oriented approach, aimed at creating an opening for the impaired person to accept professional treatment and begin to recover.

### WE BELIEVE THAT AN INTERVENTION IS A LOVING AND LIFESAVING ACT

Our licensed professionals will coordinate all aspects related to the Intervention, including appropriate treatment placement for the impaired individual. Our clinical team will help the family navigate the admissions process while providing guidance and support along the way.



### THE INTERVENTION IS A FOUR-STEP PROCESS THAT CAN BE COMPLETED WITHIN JUST 48 HOURS OF THE INITIAL CALL:

- STEP ONE:** Assessment, Planning and Treatment Placement
- STEP TWO:** Pre-Intervention
- STEP THREE:** The Intervention
- STEP FOUR:** Transport

# INTERVENTION IS THE FIRST STEP

## COUNSELING

### INDIVIDUAL THERAPY

At A New Hope Recovery Services, we understand that often there are co-occurring issues that need addressing, and that Intervention is just the first step towards recovery. Our licensed and board-certified clinicians provide counseling services to support our clients throughout their recovery journey.

### FAMILY AND COUPLES THERAPY

Often family members suffer even greater traumas or emotional stressors compared to those who require an intervention. We provide counseling services to those family members affected by a loved one's addiction or behavior, regardless of whether or not an intervention has taken place. Family therapy serves to restore overall health to a family through work on communication and boundary setting while addressing ongoing or past family issues.

### WE SPECIALIZE IN HELPING CLIENTS IN:

- Relapse prevention
- Post-treatment aftercare therapy
- Development of a recovery program
- Relationship and family difficulties
- Trauma-focused therapy
- Mood disorders
- Anxiety disorders
- Existential issues

# CASE MANAGEMENT

## CASE MANAGEMENT IS DESIGNED TO PROVIDE A PATHWAY FOR THE INDIVIDUAL AND THE FAMILY SYSTEM TO ACHIEVE RECOVERY SUCCESS FOLLOWING THE INITIAL TREATMENT.

Our certified case managers develop a tailored plan for the individual needs of the client, then provide personal one-on-one care that focuses on relapse prevention and long-term recovery. This allows for the family-system to stay engaged and informed while providing ongoing support and accountability for the recovering person.

## EVALUATION

### SUBSTANCE USE AND MENTAL HEALTH EVALUATIONS

Performed by a licensed and accredited therapist, the Substance Use and Mental Health evaluation is used to identify the extent of an individual's drug or alcohol use and any presenting co-occurring mental health issues. Following the assessment, we will provide level of care recommendations, treatment placement assistance, and consultation. Evaluation reports may be provided for legal and personal use.

# CHANGE THE NARRATIVE